

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cranberry Juice	Orange Juice	Apple Juice	Banana	Fruit Cup	Apple Juice	Orange Juice
Oatmeal	Raisin Bran	Cream of Rice	Oatmeal	Cream of Wheat	Cornflakes	Cream of Rice
Cheese Omelet	Pancakes w/ Syrup	Scrambled Eggs	Egg & Cheese Sandwich on a Croissant	French Toast w/ Syrup	Scrambled Eggs	Plain Omelet
Whole Grain Wheat Toast w/ Margarine	Bacon	Cinnamon Buns		Sausage Link	Cranberry-Orange Muffin w/ Margarine	Apple Coffeecake w/ Margarine
Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk
Vegetable Lasagna	Chicken Marsala	BBQ Pork Rib	Stuffed Cabbage w/ Tomato Sauce	Baked Tilapia w/ Tartar Sauce	Baked Macaroni & Cheddar Cheese	Baked Virginia Ham w/ Cranberry Glaze
Alt: Hot Sl. Turkey w/ Gravy	Alt: Baked Fish w/ Lemon	Alt: Hamburger on a Roll	Alt: Veal Patty w/ Gravy	Alt: Hot Sl. Beef	Alt: Sliced Turkey w/ Gravy	Alt: Liver & Onions
Buttered Broccoli	Italian Egg Noodles	Tater Tots	Buttered Carrots w/ Dill	Baked Potato w/ Sour Cream	Stewed Tomatoes	Baked Sweet Potato
Italian Bread w/ Margarine	Buttered Green Beans	Buttered Peas & Onions	Rye Bread w/ Margarine	Buttered Spinach	White Bread w/ Margarine	Broccoli w/ Lemon Butter
Frosty Ambrosia	Dinner Roll w/ Margarine	Whole Wheat Bread w/ Margarine	Scooped Vanilla Ice	White Bread w/ Margarine	White Bread w/ Margarine	Rye Bread w/ Margarine
Coffee, Tea, Milk	Deep Dish Apple Cobbler	Mandarin Oranges	Coffee, Tea, Milk	Coleslaw	Frosted Brownie	Italian Ice
	Coffee, Tea, Milk	Coffee, Tea, Milk		Carrot Cake	Coffee, Tea, Milk	Coffee, Tea, Milk
Cream of Garden Vegetable Soup	Old Style Bean Soup	Cream of Spinach	Cream of Tomato Soup	Cream of Celery Soup	Hot Meatball Sub w/ Mozzarella Cheese	Mushroom Barley Soup
French Toast Sticks w/ Syrup & Applesauce	Grilled Beef & Cheddar w/ Sautéed Onions on Rye	Seafood Salad on a Roll	Chicken Strips w/ Honey Mustard	Egg Salad w/ Pimento & Green Pepper on W/W	Alt: Fried Fish On a Hamburger Roll	Sl. Turkey Sand. On White with Sl. Lettuce & Tomatoes
Sausage Link	Alt: Fried Egg Sandwich	Alt: PB & Jelly Sand. On White	Alt: Hamburger on a Roll	Alt: Bologna Sandwich	Buttered Carrots	Alt: Tuna Salad Sand.
Alt: Tuna Melt on White	Carrot & P'apple Gelatin Salad	Cabbage & Apple Salad	Buttered Asparagus Dinner Roll w/ Margarine	Cucumber & Tomato Salad	Creamy Fruit Medley	Macaroni Salad
Fruit of the Forest Pie	Fresh Banana	Soft Peanut Butter Cookie	Peaches w/ Melba Sauce	Red Jello w/ Crushed P'apple	Coffee, Tea, Milk	Chocolate Pudding
Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk		Coffee, Tea, Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Prune Juice	Orange Juice	Apple Juice	Orange Juice	Cranberry Juice	Banana	Orange Juice
Oatmeal w/ Brown Sugar	Cream of Wheat	Raisin Bran	Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice
Egg & Sausage Soufflé	Hard Fried Eggs	Waffle Sticks w/ Syrup	Three Cheese Omelet	Scrambled Eggs	Egg Sandwich on Whole Wheat Toast	Scrambled Eggs
White Toast w/ Jelly	Donut	Sausage Patty	Whole Wheat Toast w/ Margarine	Oatbran Muffin w/ Margarine	Sliced Bacon	Cinnamon Buns
Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk
Turkey Pot Roast w/Gravy	Grilled Reuben Sandwich Alt: Baked Chicken	Meatloaf w/ Mushroom Gravy	Ham Steak w/ P'apple Sauce Alt: Liver & Onions	Fried Seafood Platter w/ Tartar Sc. Alt: Hot Sl. Beef	Fresh Ham w/ Gravy Alt: BBQ Chicken	Roast Beef w/ Gravy Alt: Sliced Ham
Alt: Pork Chop	Oven Fries	Alt: Baked Fish w/ Lemon	Scalloped Potatoes	Potato Rounds w/ Sour Cream	Sweet Potato & Apple Casserole	Red Skinned Mashed Potatoes w/ Gravy
Stuffing	Carrot & Raisin Salad	Mashed Potatoes	Buttered Spinach	Buttered Broccoli	Buttered Green Beans	Creamed Onions w/ Garlic
Butternut Squash	Plums & Peaches in Custard Sauce	Buttered Corn	Rye Bread w/ Margarine	White Bread w/ Margarine	Italian Bread w/ Margarine	Dinner Roll w/ Margarine
Whole Wheat Bread w/ Margarine	Coffee, Tea, Milk	White Bread w/ Margarine	Under the Sea Salad w/ Lemon Jello	Banana Split	Pineapple Tidbits	Blueberry Pie
Black Forest Cake	Coffee, Tea, Milk	Orange Spice Bars	Vanilla Cake w/ Vanilla Frosting	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk
Coffee, Tea, Milk	Vegetable Soup	Chicken Tortellini Soup	Split Pea Soup	New England Clam Chowder	Cream of Mushroom Soup	Turkey Rice Soup
Hotdog on a Roll w/ Diced Onions	Baked Ziti w/ Three Cheeses & Sauce	Turkey Salad Sand. On White	Tuna Melt on White	Grilled Cheese & Tomato Sandwich	Sliced Turkey on Pumpernickel	Fried Egg Sandwich
Alt: Chicken Patty on a Roll w/ Sl. Lettuce & Tomato	Alt: BBQ Pulled Pork On a Roll	Alt: Liverwurst Sandwich	Alt: Egg Salad Sandwich	Alt: Chicken Patty on a Roll	Alt: Bologna Sandwich	Alt: Hot Dog on a Roll w/ Mustard
Baked Beans	Buttered Broccoli	Sliced Lettuce & Tomato	Buttered Carrots	Buttered Zucchini	Fruit Salad	Buttered Vegetable Medley
Mandarin Orange Crush	Chocolate Chip Cookie	Pickles	Chilled Pears	Gingerbread w/ Lemon Sauce	Butterscotch Pudding	Chocolate Brownie
Coffee, Tea, Milk	Coffee, Tea, Milk	Cinnamon Apples	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Prune Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Orange Juice	Apple Juice
Cream of Wheat	Oatmeal w/ Raisins	Cream of Rice	Rice Krispies	Oatmeal w/ Brown Sugar	Cornflakes	Cream of Wheat
Scrambled Eggs	French Toast w/ Syrup	Scrambled Eggs	Pancakes w/ Syrup	Scrambled Eggs	Cheese Stratta	Omelet
Banana Nut Bread	Bacon	Sugar Donut	Sausage Link	Toasted Italian Bread	Whole Wheat Toast w/ Jelly & Margarine	Blueberry Muffin w/ Margarine
Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk
Stuffed Chicken Parmesan Alt: Baked Cod w/ Lemon Rotini w/ Sauce Buttered Zucchini Green Salad w/ House Dressing Italian Bread w/ Margarine Peaches w/ Almond Sauce Coffee, Tea, Milk	Pork Chop w/ Stuffing & Gravy  Alt: Sliced Beef  Mashed Potato Orange Glazed Beets  White Bread w/ Margarine Sherbet Coffee, Tea, Milk	Pot Roast w/ Gravy  Alt: Veal Patty w/ Gravy Twice Baked Potato w/ Sour Cream Buttered Green Beans  Hot Biscuit Cherry Cobbler Coffee, Tea, Milk	Dijon Lemon Chicken Alt: Pork Chop  Buttered Egg Noodles Stewed Tomatoes  Whole Wheat Bread w/ Margarine Angel Food Cake w/ Mixed Berries Coffee, Tea, Milk	Baked Haddock w/ Lemon Butter Alt: Sliced Ham  Creamy Mushroom Rice Buttered Asparagus  White Bread w/ Margarine Coleslaw Boston Crème Pie Coffee, Tea, Milk	Salisbury Steaks w/ Gravy Alt: BBQ Chicken Leg  Mashed Garlic Potatoes Creamed Corn  Rye Bread w/ Margarine Blueberries w/ Whipped Cream Coffee, Tea, Milk	Roast of Turkey w/ Gravy Alt: Stuffed Fish  Baked Sweet Potato Cauliflower w/ Cheese & Parsley Cranberry Sauce  Soft Roll w/ Margarine Vanilla Ice Cream Coffee, Tea, Milk
Vegetable Soup  Tuna Salad Cold Plate Alt: Ham Salad Sand. Macaroni Salad Sliced Tomatoes Corn Muffin  Whipped Pink Lemonade Jello Coffee, Tea, Milk	Lentil Soup Turkey Salad on White  Alt: Egg Salad Sandwich  Marinated Cucumber Salad  Chantilly Rice Pudding w/ Fruit Coffee, Tea, Milk	Corn Chowder  Broccoli & Swiss Cheese Quiche  Alt: Hamburger on a Roll Buttered Carrots  Dinner Roll w/ Margarine Apricot Halves Coffee, Tea, Milk	Cream Of Broccoli Soup American Goulash  Alt: Chicken Salad on Whole Wheat Buttered Waxed Beans Dinner Roll w/ Margarine Chocolate Chip Cookie Coffee, Tea, Milk	Beef Barley Soup  Egg Salad Sandwich on a Roll Alt: Sl. Roast Beef Sandwich  Pickle Chips  Creamy Cucumber & Onion Salad Chilled Mixed Fruit Coffee, Tea, Milk	Cream of Chicken Soup  Ham Salad Sandwich on White  Alt: Tuna Salad Sand.  Waldorf Salad  Pumpkin Pie Coffee, Tea, Milk	Tomato Basil Soup  Fish Sandwich on a Hamburger Roll Alt: Grilled Cheese & Tomato Sand.  Coleslaw with Pineapple & Mandarin Oranges Cinnamon Applesauce Coffee, Tea, Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Banana	Apple Juice	Prune Juice	Cranberry Juice	Orange Juice	Prune Juice	Orange Juice
Oatmeal	Cream of Wheat	Raisin Bran	Cream of Rice	Oatmeal	Cream of Wheat	Rice Krispies
French Toast w/ Syrup	Cheese Stratta	Omelet	Scrambled Eggs	Blueberry Pancakes w/ Syrup	Scrambled Eggs	Ham & Egg Sandwich on Whole Wheat Toast
Bacon	White Toast w/ Margarine	Cinnamon Bun	Homefries	Sausage Patty	Honey Bran Muffin w/ Margarine	
Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	White Toast w/ Margarine Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk
Veal Parmesan	Sliced Beef w/ Gravy	Corned Beef w/ Cabbage	Spaghetti & Meatballs	Honey Dijon Salmon	Sl. Pork Roast w/ Gravy	Roasted Chicken w/ Gravy
Alt: Baked Chicken	Alt: Sliced Turkey w/ Gravy	Alt: Pork Loin	Alt: Stuffed Fish	Alt: Chicken Fingers	Alt: Roast Beef	Alt: Baked Fish w/ Lemon
Penne w/ Sauce	Mashed Potatoes	Boiled Potato	Buttered Asparagus	Twice Baked Potato w/ Sour Cream	Mashed Potatoes Sweet & Sour Red Cabbage	Sweet Potato Fries
Buttered Broccoli	Buttered Peas	Buttered Baby Carrots	Italian Bread w/ Margarine	Squash w/ Brown Sugar	White Bread w/ Margarine	Carrots & Green Beans w/ Dill
Roll w/ Margarine	White Bread w/ Margarine	Rye Bread w/ Margarine	Yellow Cake w/ Chocolate Frosting	White Bread w/ Margarine	White Bread w/ Margarine	Dinner Roll w/ Margarine
Whipped Lime Jello w/ Whipped Cream	Fruit Cup w/ Ginger Sauce	Apple Pie	Coffee, Tea, Milk	Coleslaw	Pears w/ Blueberry Sauce	Jello Poke Cake
Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Lemon Cheesecake Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk
New England Clam Chowder	Cream of Potato & Cheddar Soup	Vegetable Beef Soup	Corn Chowder	Hearty Pasta Fagioli	Beef Barley Soup	Split Pea Soup
Chicken Salad on White	Crabcake on a Roll w/ Cocktail Sauce	Turkey & Cheese Sandwich on Rye	Bologna, Lettuce & Tomato on Rye	Broccoli & Cheddar Cheese Quiche	Hamburger on a Roll	Hot Turkey Pastrami on Rye
Alt: Peanut Butter & Jelly Sand.	Alt: American Cheese Sandwich	Alt: Veggie Burger on a Roll	Alt: Egg Salad Sandwich	Alt: Ham Sandwich	Alt: Hot Dog on a Roll	Alt: Cottage Cheese Fruit Plate
Mandarin Orange & Water Chestnut Salad	Buttered Green Beans	Carrot & Raisin Salad	Sliced Melon	Tomato Aspici	Tater Tots Pickle Slices	Mixed Vegetables
Spice Bars	Peach Cobbler	Pickle Chips	Sherbet	Chilled Cherries	Cukes & Onions In Ranch Dressing	Strawberry Shortcake
Coffee, Tea, Milk	Coffee, Tea, Milk	Mixed Berries in Whipped Cream	Coffee, Tea, Milk	Coffee, Tea, Milk	Chocolate Macaroons	Coffee, Tea, Milk
		Coffee, Tea, Milk			Coffee, Tea, Milk	